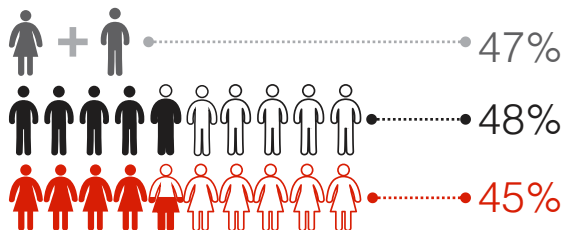




Capital	Vienna
Population	8,847,037
Urban Population	58.3%
Life Expectancy	82
Gini index for income inequality	0.26
Human Development Index	0.908
Literacy Rate	98.0%
Deaths from non-communicable diseases	92.0%

World Bank income category ★★★★★ **High income**

Physical Activity Prevalence



Austrian Health Interview Survey AT-HIS, 2019

Percentage of Deaths due to Physical Inactivity



In Austria
7.8%

worldwide, % of deaths due to physical inactivity = **9%**

This Country Card is part of the 2nd Physical Activity Almanac (free resource on the GoPA! website)

For a description of the indicators and data sources visit: www.globalphysicalactivityobservatory.com/country-cards

Policy and Surveillance Status

National physical activity policy/plan Yes No

Title

- National Action Plan on Physical Activity (NAP.b) 2013;
- Health target 8: To promote healthy, safe exercise and activity in everyday life through appropriate environments 2012;
- Master Plan Cycling 2015 ;
- Master Plan Walking 2015

National recommendations Yes No

National survey(s) including physical activity questions Yes No



Surveys and instruments used to assess physical activity

Eurobarometer 58.2 2002 (IPAQ); Eurobarometer 64.3 2005 (IPAQ); Eurobarometer 80.2 2013 (IPAQ); Eurostat- European Health Interview Survey 2014 (EHIS-IPAQ); Federal Ministry of Sport 2017 (GPAQ); Special Eurobarometer 472 2017 (Adapted GPAQ); WHO STEPS 2018 (GPAQ); Eurostat- European Health Interview Survey 2018-2019 (EHIS-PAQ)

National health monitoring system Yes No

Physical activity
Sedentary behavior (i.e. sitting time)

Name(s)

Austrian Health Interview Survey AT-HIS

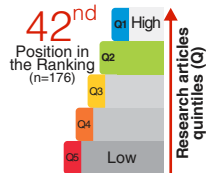
Physical Activity Research

0.35%

83

Contribution to physical activity research worldwide from 1950-2019

Total number of articles from the country from 1950-2019



Sedentary Behavior (Sitting Time)



Total Sitting Time = **5.3 hrs/day**

Daily Sitting Time Global Tertile



European Commission (2017). Special Eurobarometer 472: Sport and Physical Activity Report.

Physical Activity Promotion Capacity Pyramid



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